RETHINK
DENTAL HEALTH

In order to provide the best possible care, it is important that we get to know your history and concerns. Although filling out forms is tedious, we ask that you answer these questions to the best of your knowledge. Thank you.

Your Information:

Name:_____ Preferred Phone: _____

Address: _____ Alternative Phone:_____

City, State, Zip: _____ Email Address: _____

Is there anyone we may thank for referring you to us: _____

Birth date: _____ Social security number_____

Emergency contact: _____ Emergency contact phone:_____

Work location: _____

Preferred pharmacy name and location: _____

General Health Information

My General Health (circle one or insert number): 1 2 3 4 5 6 7 8 9 10 (10=Best)_____

Last Routine Physical: _____Type of Physician(MD, OD, ND, etc.):_____

Physician's Name: _____ Physician's specialty: _____

In addition to the above physician, I see the following healthcare providers:

Physician: _____ Reason:_____

Physician: _____ Reason:_____

The statement that best describes me:

_____I am healthy and seek health oriented, whole body minded practitioners.
_____I am healthy but have had some dental issues in the past which I am concerned about.
_____I have health issues which I believe affect my dental health.
_____I have dental issues which I believe are affecting my overall health.
_____I have the same dental issues repeatedly without true resolution.
_____I have a health challenge and am seeking removal of anything standing in my way of healing.
_____I have or have had an occupation which exposes me to toxic chemicals

I have been diagnosed with a chronic health issue:

_____Lyme disease
_____Heavy metal toxicity
_____Multiple sclerosis
_____Hashimoto's or thyroid disorder
_____Electromagnetic sensitivity
_____Other:
_____Co-infections of Lyme
_____Chronic fatigue syndrome
_____Chronic fungal infections
_____Environmental sensitivity
_____Lymphatic edema

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Women's Health Information:

_____Pregnant, may be pregnant
_____Planning a pregnancy/nursing
_____I care for small children
_____I am using hormone replacement therapy
_____Not pregnant
_____I have small children
_____Using hormones to prevent pregnancy

Check any of those apply:

_____High blood pressure
_____Anemia
_____Abnormal bleeding
_____Blood disease
_____Heart disease
_____ Mitral valve prolapse
_____Heart Murmur
_____Respiratory disease
_____Asthma
_____COPD
_____ Alzheimer's
_____Chronic sinusitis
_____Emphysema
_____Diabetes
_____Depression
_____Psychosis
_____Neurological disorder
_____Family history of
_____Epilepsy
_____Unintentional weight gain
_____Rheumatic Fever
_____Immune disorder
_____Thyroid disease
_____Kidney Disease
_____Liver disease
_____Hepatitis
_____HIV/AIDS
_____Venereal disease
_____Cancer
_____Radiation
_____Chemotherapy
_____Surgery
_____Scars
_____Hospitalization

Supplement and Drug History: (If many, please bring a complete listing to your appointment)

Current medications _____

_____

Current supplements _____

I am allergic to or do not tolerate these medications (include dental): _____

My reaction was: _____

Latex allergy_____Sensitivity to various materials_____

Diet and Lifestyle:

Occupation: _____

Regular exercise goal actual _____Actual _____

I consume _____ alcoholic servings per _____

My weight is stable _____BMI _____

Fish I enjoy _____per week _____

My diet includes meat _____

I have the following major stressors in my life right now:

Tobacco use: _____Yes _____No. Type: _____

I eat about _____ GOOD meals a day.

I drink about _____glasses of water a day.

Type of salt I prefer _____

Type of sweetener I prefer _____

I have at least 1 bowel movement a day _____

I sweat well when exercising_____

_____

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DENTAL Health Information

My Dental Health (circle one or insert number): 1 2 3 4 5 6 7 8 9 10 (10=Best)

Date of last dental exam: _____ X-rays taken? _____Yes _____No

Please understand that the Dr. may find past x-rays helpful but not find them useful for current diagnosis and may request others.

Suggested treatment at that time:

_____

I ____ did follow up _____did not follow up on that treatment.

I am anxious before dental appointments _____

Dental Medical History:

Antibiotics given prior to dental procedures: _____ Reason:_____

Negative experience with dental anesthetics: _____ Reaction was:_____

I have taken the following relaxing drugs prior to dental appointments: _____

_____I have had my mercury fillings removed

_____I under went detoxification for mercury

_____I had orthodontic treatment

_____My teeth are sensitive

_____I have been told I have TMD

_____I wear a night guard

_____I have had jaw surgery

_____I had root canal treatment

_____I sometimes get a metallic taste in my mouth

_____I have been checked for oral cancer

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As a courtesy to our patients we will submit your insurance claims as soon as we have the complete information requested below.

Insurance Information:

Name of Policy Holder: _____ DOB: _____

Name of the Insurance Company: _____

Insurance ID _____

Group # : _____

Insurance Company's Address _____

Insured's Employer: _____

Secondary Insurance:

Name of Policy Holder: _____ DOB: _____

Name of the Insurance Company: _____

Insurance ID _____

Group # : _____

Insurance Company's Address _____

Insured's Employer: _____

I understand the information above is necessary in order to provide me with dental care in a safe and efficient manner. I have answered all questions to the best of my knowledge. Should further information be needed, you have my permission to ask the respective health care provider or agency, which may release such information to you. I will notify the doctor of any change in my health or medications.

Patient Name (please print)_____ Patient Signature _____

Date _____

Please call or email us with any questions. We look forward to meeting you.

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